

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: The Rehabilitation for Addicted Prisoners Trust (RAPt)	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Lambeth	
Contact person: Ms Amy Williams	Position: Fundraising and Communications
Website: http://www.rapt.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1001701
When was your organisation established? 20/11/1990	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Resettlement and Rehabilitation of Offenders
Which of the programme outcome(s) does your application aim to achieve? More ex-offenders successfully and sustainably resettled in the community and re-offending rates reduced
Please describe the purpose of your funding request in one sentence. To employ a Recovery Support Worker at our Recovery Hub in London, providing support to recovering addicts upon their release from prison.
When will the funding be required? 30/09/2016
How much funding are you requesting? Year 1: £40,058 Year 2: £41,104 Year 3: £42,220 Total: £123,382

Aims of your organisation:

Half of all UK prisoners are estimated to have committed crime associated with drugs. Alcohol is a factor in nearly half of all violent crime. RAPt helps people with drug and alcohol dependence, both in prison and in the community, overcome the grip of addiction through intensive, abstinence-based treatment programmes. Through this, we bring about a reduction in crime and destructive behaviour, supporting healthier families and communities. Independent research shows that this programme leads to a 20% reduction in the numbers of released prisoners re-offending, and a 65% reduction in overall number of offences. We understand that for lasting change to occur, our clients and their families need help to address their long term needs, post-treatment. Our Recovery Support Service provides a holistic range of advocacy and advice which focuses on the practical elements of resettlement: budgeting; finding and managing somewhere to live; getting a job or training. We believe, with the right support, everyone is capable of transformational change.

Main activities of your organisation:

The services RAPt delivers are divided into two main areas: Treatment Services, which are mainly delivered in prison, as well as some based in the community, and give people a way out of the cycle of addiction and crime. Prison treatment services incorporate an array of interventions, ranging from introductory engagement workshops to intensive, structured rehabilitation programmes. Recovery Support Services are for clients who have completed RAPt's more intensive substance misuse abstinence based treatment programmes who have been released from prison. It will also be available to service users who are in an established and evidenced addiction recovery pathway and committed to abstinence. This support will be delivered through Recovery Hubs, centres for people to access holistic support and develop the skills and resilience to stay free from drugs and alcohol. We also contribute to learning in the treatment of drug and alcohol issues through research using evidence from our client base.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
329	42	9	64

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	9

Summary of grant request

We know there is a need for two key reasons:

First - external research supports our findings. The 2004 National Reducing Re-offending Action Plan by the National Offender Management Service identified seven pathways to reduce re-offending based on research by the Social Exclusion Unit. The Recovery Support service provides support for all of these, either directly or indirectly.

Secondly - our clients have told us. In 2014, we undertook a 'Release Needs' study with clients who used our services in prison. This identified the areas they most needed support on release. Our Recovery Support Service has been developed to ensure these needs are directly addressed.

How work will be delivered:

The project will be based at a new Recovery Hub in London. This will be part of our new strategy, which aims to not only offer services but create a safe haven in the community where people feel supported by both peers and professionals to make a new life for themselves.

The Hub will be led and influenced by its members, who will help design and deliver the range of services offered. The Recovery Support Worker will be part of the team that oversees the Hub, delivering services and training volunteers. We will work in partnership with external agencies to offer their expertise from our premises, increasing the range of services available to our members.

What our project will aim to achieve:

More ex-offenders resettled in the community through the following activities:

Substance use support: clients supported to access additional treatment for their addiction, helping those at risk of relapsing when they leave prison.

Social networks: helping clients foster healthy social networks, supporting healthier families and helping break the intergenerational cycle of addiction and crime.

Housing and debt advice: clients supported to find housing and improve their finances, giving them the chance to make a new life for themselves.

Education, training, volunteering and employment: people helped to secure training and employment, helping them reduce the risk of relapsing and/or reoffending, and reducing their reliance on benefits.

Cultural, wellbeing and self-care: by becoming part of a 'recovery community' and engaging activities that reduce their likelihood of re-offending.

Why we are the right organization:

We have been delivering drug treatment in prisons for over 24-years and our programmes lead to a 65% reduction in overall number of offences as evidenced by published academic research. We bring this expertise to all elements of our work, including our Recovery Support service. We know that completing a treatment programme is only the first step in a long journey and that support provided afterwards is vital.

How our project will meet the Trust's programme outcome:

More ex-offenders successfully resettled into the community, by meeting them at the prison gate, helping with family reconciliation, housing, finance and life skills.

More ex-offenders sustaining their recovery, by engaging clients in a recovery culture, and wellbeing initiatives, as well as education; training; volunteering; and work placements.

Our project meets the Trust's "Principles of Good Practice" by involving service-users in the management and running of the service.

The Hubs will be led and influenced by graduates who will deliver workshops, activities and meetings. The Manager of the Recovery Support Team is a former client. We help anyone who is ready and willing to address their addiction. We welcome applications which reflect the diversity of the communities in which we work. We provide meaningful development opportunities and hold annual volunteer award ceremonies to celebrate their achievements and recognize their hard work. RAPt has a comprehensive Environmental Policy and are accredited by ISOQAR for the ISO 14001 standard in Environmental Management.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

ISO 9001 Quality

Management

ISO 14001 Environmental

Management

Accreditation from the Mentoring & Befriending Foundation for our Transitional Mentoring Service

Investing in Volunteers UK

Quality Standard for good practice in volunteer management

Royal Society for Public Health (RSPH)

Correctional Services Accreditation Panel (CSAP) for SDTP and WSDTP. Working towards re-accreditation for Bridge and ADTP

City & Guilds Approved Centre No 049827

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Substance use support (over 3 years): 68 clients linked into ongoing recovery support and treatment services post-release

Housing and debt advice (over 3 years): 75 clients supported with housing and/or benefit advice

Social networks (over 3 years): 48 clients receiving family interventions including workshops; one-to-one's; family meetings; signposting to external agencies and networks.

Education, training, volunteering and employment (over 3 years): 84 clients receive interventions aimed at helping them to secure a place on a training course, work experience, volunteering or employment

Cultural, wellbeing and self-care (over 3 years): 68 clients will have participated in one of the well-being related interventions on offer at the Hub (including language classes, yoga classes and exercise and nutrition classes)

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Substance use support (over 3 years):

83 individuals attended at least 1 Recovery Support Network or fellowship meeting

68 people accessed a recovery mentor.

Clients report an improvement in their ability to stay free from drugs and alcohol (60% in year 1, 61% in year 2, 62% in year 3)

Housing and debt advice (over 3 years):

Clients report an improvement in housing and/or financial situation (50% in year 1, 51% in year 2, 52% in year 3)

Clients at London Hub report being drug and alcohol free (80% in year 1, 81% in year 2, 82% in year 3)

Social networks (over 3 years):

Clients report an improvement in relationships with people their social networks, (including family and friends), or in overall social networks (60% in year 1, 61% in year 2, 62% in year 3)

Education, training, volunteering and employment (over 3 years):

48 clients helped to secure place on a training course, work experience, or a job.

36 people in recovery from addiction to drugs and alcohol helped to secure a volunteer placement with RAPt or another organisation.

Cultural, wellbeing and self-care (over 3 years):

Clients at the London Hub report an increase in overall wellbeing (60% in year 1, 61% in year 2, 62% in year 3)

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

This is an expansion of an existing service which we intend to maintain and develop further after the period of time for which we are requesting funding. We will continue to raise funds from trusts, foundations, individuals, corporate partners, and through fundraising events in order to carry on the aspects of the Recovery Support service not funded through statutory sources.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

35

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff salaries, employer NI and pensions for entire project	383,231	390,896	398,714	1,172,840
Staff therapy, travel, subsistence, support and welfare	8,626	8,799	8,974	26,399
Programme materials, telephone, post, internet, photocopier costs, stationery, IT support, publications/subscriptions	6,531	6,661	6,795	19,987
Client expenses (travel, activities, peer mentoring, meet and greet costs and food)	32,511	33,161	33,824	99,497
Health and safety, equipment, maintenance, rent, heat/light and cleaning	11,462	11,691	11,925	35,078
Insurance Premiums and audit/finance costs	5,725	5,840	5,956	17,521
Capital costs for setting up Recovery Hubs	26,020	0	0	26,020
	0	0	0	0
	0	0	0	0

TOTAL:	474,106	457,048	466,188	1,371,32
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
The Hans and Julia Rausing Trust	275,063	0	0	275,063
RAPt core costs	74,106	75,588	77,100	226,794
	0	0	0	0
	0	0	0	0

TOTAL:	349,169	75,588	77,100	501,857
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Hobson Charity (considering an application for overall Recovery Support costs, not for this specific role)	10,000	0	0	10,000
Cleopatra Trust (considering an application for overall Recovery Support costs, not for this specific role)	5,000	0	0	5,000
Lady Hind Trust (considering an application for overall Recovery Support costs, not for this specific role)	2,000	0	0	2,000
Quaker Action on Alcohol & Drugs (considering an application for overall Recovery Support costs, not for this specific role)	1,000	0	0	1,000

TOTAL:	18,000	0	0	18,000
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Salaries, employer NI and pensions	34,131	34,814	35,510	104,455
Staff therapy, travel, subsistence, support and welfare	3,034	3,095	3,157	9,285
Programme materials, telephone, post, internet, photocopier costs, stationery, IT support, publications/subscriptions	719	733	748	2,200
Health and safety, equipment, maintenance, rent, heat/light and cleaning	1,628	1,905	2,237	5,771
Insurance premiums and audit/finance costs	546	557	568	1,671
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	40,058	41,104	42,220	123,382

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	1,072,000
Activities for generating funds	53,000
Investment income	9,000
Income from charitable activities	19,689,000
Other sources	0
Total Income:	20,823,000

Expenditure:	£
Charitable activities	20,859,000
Governance costs	378,000
Cost of generating funds	337,000
Other	0
Total Expenditure:	21,574,000
Net (deficit)/surplus:	-751,000
Other Recognised Gains/(Losses):	-40,000
Net Movement in Funds:	-791,000

Asset position at year end	£
Fixed assets	39,000
Investments	0
Net current assets	2,361,000
Long-term liabilities	0
*Total Assets (A):	2,400,000

Reserves at year end	£
Restricted funds	215,000
Endowment Funds	0
Unrestricted funds	2,185,000
*Total Reserves (B):	2,400,000

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
91-100%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

RAPt moved from a loss of £791,000 in 2014-15 to a surplus of £500,000 2015-16. Loss was due to head office move, a specific contract dispute with a subcontractor and reduced management charges in NHS contracts. Implemented cost savings measures in 2015-16 which materialised into the reported surplus. Reserves remain strong but increased need for foundation support essential to deliver recovery support to clients.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	1,957,000	2,057,000	1,925,000
Health Authorities	11,509,000	15,007,000	16,722,000
Central Government departments	0	0	0
Other statutory bodies	11,000	9,000	6,000

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
The Hans & Julia Rausing Trust	0	516,444	520,000
The Eva and Hans K. Rausing Trust	437,000	0	0
The Eva Louise Rausing Memorial Trust	200,000	0	0
Garfield Weston Foundation	0	100,000	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Amy Mair Williams**

Role within **Fundraising and Communications Manager**
Organisation: